

AYSO Region 10 – Age Division Summary Sheet

Age	Ball Size	Players	Min. Players	Half Length (mins)	Goal-keeper	Max Qtrs as Keeper	Restart after Fouls	Throw Ins	Show Cards	Heading	Punting	Offside	Build Out Line	Center Refs and Assistant Refs
6U	3	3	N/A	10	N	N/A	All DFKs	N - Pass in	N	N	N	N	N	None
7U	3	4	N/A	20	N	N/A	All DFKs	N - Pass in	N	N	N	N	N	None
8U	3	6 + keeper	N/A	20	Y	1	All DFKs	Y	N	N	N	N	N	1 (CR)
9U-10U	4	6 + keeper	5	25	Y	2	IFAB LOTG	Y	N	N	N	Y	Y	3 (CR + 2 ARs)
11U-12U	4	8 + keeper	7	30	Y	3	IFAB LOTG	Y	Y	N	Y	Y	N	3 (CR + 2 ARs)
13U+	5	10 + keeper	7	35	Y	4	IFAB LOTG	Y	Y	Y	Y	Y	N	3 (CR + 2 ARs)

- All players must play 3 quarters unless injured, arriving late, or leaving early.
- Substitution break approx. midway through each half; clock runs, but can add time to the end of the half if the game schedule allows this.
- Center Referees in 9U+ should be neutral to both teams; ARs can be non-neutral to a team. During playoffs, all 3 must be neutral.
- See each age division's Referee Guidelines on the [Referee Guidelines and Resources page](#) of for full details.